### Who Can be a VA Medical Foster Home Caregiver?

- Have a nurturing disposition?
- Have formal or informal caregiver experience?
- Willing to open your home to and care for a Veteran in need?

### Qualifications

- Own (or rent) and live in the home with our Veterans/Residents.
- Live within 35 miles/45 minutes from Manchester, Portsmouth, Somersworth, Conway, Tilton.
- Be at least 21 years old.
- Show financial stability.
- Complete the VA application/ inspection process for the Medical Foster Home Program, including background check.
- Collaborate on and support the treatment plan with the Veteran and the VA Home Based Primary Care Team.
- Have written crisis and respite (relief Caregiver) plan.
- Receive ongoing training & VA team support.



### "Where Heroes Meet Angels"

The VA Medical Foster Home program brings members of the community and Veterans together:

- In a family home.
- With a maximum of 2 other residents receiving care.
- As an alternative to institutional care.

If you are interested in the VA Medical Foster Home program as a Resident, a Caregiver, or for general inquiries please contact us!

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**VA Manchester Healthcare System** 718 Smyth Road Manchester, NH 03104



# VA Medical Foster Home

Safe, long-term care in a home setting





U.S. Department of Veterans Affairs

### Medical Foster Homes are a Dynamic Alternative for Long-Term Care

Sometimes care-needs at home become more than someone can manage. Many people prefer to live in a private home rather than a nursing home. At times like this, The VA Medical Foster Home (MFH) program can help.

MFH is a voluntary care option. We can help you find an MFH that meets high standards of care and safety and is a home that is warm and inviting.

We will ask you and your family or other support people to tour homes before deciding.



## Am I eligible for an MFH?

If you are receiving care through the VA Health Care System in New Hampshire and have caregiver needs that can no longer be met in your home, you may be eligible.

#### **Care-needs may include:**

- Assistance with daily activities like eating, bathing, dressing and grooming
- Medication management
- Mental health issues or support

• Memory issues or dementia. Common health concerns include heart disease, diabetes, substance abuse Parkinson's disease, spinal cord injury, and brain injury.

#### **Costs:**

Veterans are responsible for the cost of an MFH. Veterans can use private income, social security, savings, and VA Pension/Aid and Attendance. We assist Veterans in getting the most out of any benefits they are due. Charges are based on care needs and financial resources. You and the Caregiver sign a private care agreement that covers care needs, rates. rights, and responsibilities.

VHEC approved April 2023

### Living in a MFH

A team from our Home Based Primary Care Program (HBPC) will visit and support you. These multidisciplinary teams include a wide range of medical and mental health providers. Team members will visit as needed, to provide medical care and support you and the Caregiver. Other VA programs can also support you and the Caregiver.

### **Medical Foster Homes provide:**

- Private/semi-private rooms
- Home /Community living
- Flexibility and choice
- A supervised setting
- Three meals and snacks daily
- Socialization and recreation
- Personal care
- Safe, home settings
- A place for you and your pet, depending on the MFH

